



HAKUHO



Taishoji Soto Mission 275 Kinoole St. Hilo, HI 96720-2944
Hilo's Zen Temple
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APRIL 2017

MINISTER'S MESSAGE



Aloha, Members and Friends of Taishoji,

We did the Ohigan service on March 12. March marked the Ohigan season. "Ohigan" means the state of enlightenment and peace without suffering. It is said that our ancestors are in this state in Buddhism. Around March 20th and September 22nd, the sun rises due east and sets due west, and the length of day and night are almost equal. At these times, it is said that Ohigan would be closest to the world we live in.

During Ohigan, we go to our ancestors' graves. Then we pray for their continued peace and pray that we can also attain this state, just as our ancestors have. I talked about "心施 SHINSE, the offering of a compassionate heart to others or considering others' feelings" at the Ohigan Service.

Six years ago, on March 11th, there was a large-scale disaster that nobody saw coming. It was the Great East Japan earthquake. On that day, the 9.0-magnitude earthquake hit the Tohoku area, and the huge tsunami that followed caused massive damage to coastal areas in the Tohoku region in particular. The tsunami's height was about 32 feet. It was like the tsunami that struck Hawaii island in 1960. In addition, a large-scale radiation leak occurred at the Fukushima Daiichi nuclear plant because of the earthquake. Due to the disaster, about 19,000 thousand lives and houses were lost, more than 90, 000 people are still live in temporary housing. It has been 6 years since the disaster. 7 year memorial services were held in various regions in Japan. Six years ago, I went to Fukushima and Miyagi prefecture two times with senior monks from Osaka to help those that were suffering.

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We chanted a sutra in front of the broken temples or facing the ocean. In addition, we helped with debris removal, visited some temporary housing and made some Takoyaki for the sufferers. Takoyaki is Osaka's famous food. And we talked with them. For me, I had no idea how to treat them. So I listened seriously to their story. After I talked with some people, I watched a senior monk. He talked with them with a smile. Then I couldn't understand why he was smiling. After that, I talked with the senior monk about it. And he said, "The sufferers are seeking comfort. Conversely, why didn't you show them your smile?" Then, I was aware that I wasn't thinking from their point of view. We need to listen seriously to their story, but that is not all. I forgot to consider their feelings and give a warm glance or show my smile to them. To delight others, delight with them, and encourage them when they are sad is to consider their feelings and to offer a compassionate heart to them. Through this experience, I learned I should try to offer a compassionate heart to others from now on.

Do you consider others' feelings and take action for others in your daily life? To consider others' feelings is a first step to make others happy. Let us be the persons who can offer a compassionate heart to others. Thank you very much.

In Gassho,

Rev. Shinsho Hata

PRESIDENT'S MESSAGE

I would like to apologize for the error in the March Hakuho on page #3 for a donation towards our **2017 Temple Projects Fund**. Taishoji is not requesting any donations for this, so please disregard this donation. If you sent your donation in please let me know. Do not hesitate to call me at 808-959-7898 or 808-640-9956 or email at hotrod001@hawaii.rr.com.

Summer will be upon us soon and our temple gets very warm this time of year. We installed (4) turbine vents that rotates freely on ball bearings on our roof. The purpose is to draw the hot air out from the ceiling to cool the hondo and residence area. When the temperature is about 65 degrees, the turbine vents which does not use any electricity will spin and draw the hot air out. It should help cool the temple making it comfortable for everyone.

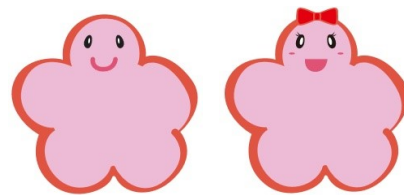
In Gassho,

Rodney Nishino

BAIKA-KO NEWS

Kaisanki & Rekiju-Ki / Deceased Baika-Ko Members Memorial Service / Kannon-Ko

Taishoji Baika-ko will be sponsoring the Kaisanki & Rekiju-Ki / Deceased Baika-Ko Members Memorial Service / Kannon-Ko at 10:00 am on June 4th. On that day, our 13th resident minister, Rev. Shinryu Akita will come from Japan and participate in the service. The deceased Baika-ko Members Memorial Service honors our 75 deceased members. Their names will be read at the service. Family members and friends are welcome to participate in this service and offer incense to remember and honor them when their names are called.



BAIKA-KO FUNDRAISING

TAISHOJI BAIKA-KO is having a fund raiser by selling 8 oz. bags of Big Island Delight Party Mix. Their Goal is to raise \$250. We want to sell 100 bags at \$7 each. You may choose Regular or Furikake flavor. To purchase tickets, please call 808-935-8407. Orders must be called in or tickets purchased at Taishoji by March 28.

Pick up at Taishoji on Sunday, April 9th from 9 am to 3 pm

IMPERMENCE

In Buddhism there are three characteristics of existence; Impermanence (anicca), suffering dukkha), and non-self (anatta). Our existence is universally characterized by impermanence. The fact of impermanence has been recognized, not only in Buddhist thought, but elsewhere in the history of philosophy. The ancient Greek philosopher Heraclitus remarked that one could not step into the same river twice. This remark which implies the ever changing and transient nature of things, is a very Buddhistic remark.

As we look at our lives, we can see the constant change of all things. Our cars, boats, motorcycles, favorite clothes, all of our material possessions are subject to decay. Living things also. We see our pets come and go over time. The same holds true for our friends and relatives.

We ourselves can see our bodies grow old and change. Skin wrinkles, hair turns grey or falls out. Just look at our photos from 10 or so years. Everything is in a constant state of flux. Even our thoughts, ideas, and personality change with time. In fact even our mental states are impermanent. One moment happy, next sad or angry as we go through a single day.

If we can understand this impermanence, we will be able to accept things as they are, without worries or fears, and go through life with a peaceful cheerful mind.

The key is to enjoy things when they are here, and let them go when it is time for them to go.

Juho

KOKORO GARAGE SALE IV Saturday, October 21, 2017

We are starting to receive items for our garage sale now, so if you are planning to do your spring cleaning, we are accepting non perishable items like clothing, small appliances, household goods, or anything that we can store prior to our garage sale. Plant your plants now so it will be ready for October. We are still looking for volunteers to help for this event.

PARKING at TAISHOJI on WEEKDAY'S or SATURDAY'S

When you come to the temple on Weekday's or Saturday's to prepare for an activity for Saturday or Sunday, please park in front of the temple area first before parking in the reserved stalls. The parking stalls on the left side of the temple are reserved for our business tenants from **Monday to Friday** except holidays. But they are allowed to park in their stalls on a **Saturday** if it is available. For this reason I am asking our **MEMBERS** to please park in the front of the temple area before parking in a reserved stall. A notice was sent to the tenants listing the dates we will need to use the reserved parking area and if someone is parked in their stall on a Saturday, they are to find parking in another stall or somewhere else.

I followed the Taishoji Calendar for 2017 for the dates we will be needing the parking to prepare for our Hoyo's and events for the year. Please follow the schedule below. Please give me your full support in this matter since it involves our tenants.

In Gassho,

Rodney Nishino

Limited parking spaces are needed
From 7:30 am to 12:00 noon

March - 11-Saturday
April - 8 - Saturday
June - 3 - Saturday
July - 28 - Prep for Bon Dance - Friday
September - 9 - Saturday
September - 30 - Saturday
October - 20 (Friday) - Prep for Garage Sale
December - 9 - Saturday

ALL parking spaces are needed
From 7:00 am to 2:00 pm

March - 18 - 9:00 am to 1:00 pm (FUNERAL)
Saturday
July 29 - Preparation for Bon Dance
Saturday
September - 17- Annual Temple Cleaning
Sunday
October - 21 - Garage Sale - Saturday

WHAT THE BUDDHA TAUGHT: ON POLITICS, WAR AND PEACE

In the days of the Buddha, as today, there were rulers / presidents who governed their countries unjustly. People were oppressed and exploited, tortured and persecuted, excessive taxes were impressed and cruel punishments were inflicted. The Buddha was deeply saddened by these inhumanities.

Buddha turned his attention to the problem of good government. He had shown how a whole country could become corrupt, degenerate and unhappy when the heads of its government, such as the king or president, and his advisors and staff become corrupt and unjust. For a country to be happy it must have a just government.

How a just government could be gotten is taught by the Buddha in the Ten Duties of the King.

First duty of the King (or President) is to be liberal, generous and charitable. The ruler should not have craving and attachment to wealth and property, but should give it away for the welfare of the people.

Second, the ruler (or President) should have a high moral character. He should never destroy life, cheat, steal and exploit others, commit adultery, utter falsehood, and take intoxicating drinks.

Third, the ruler must sacrifice everything for the good of the people. He must be prepared to give up all personal comfort, name and fame, and even his life, in the interest of the people.

Fourth, the ruler must be honest and have integrity. He must be free from fear or favor in the discharge of his duties, must be sincere in his intentions, and must not deceive the public.

Fifth, the ruler must have kindness and gentleness. He must possess a genial temperament.

Sixth, the ruler must be austere in habits. He must lead a simple life, and should not indulge in a life of luxury. He must have self-control.

Seventh, the ruler (or President) must be free from hatred, ill-will, enmity. He should bear no grudge against anybody.

Eighth, the ruler should be non-violent, which means not only that he should harm nobody, but also that he should try to promote peace, by avoiding and preventing war, and everything which involves violence and destruction of life.

Ninth, the ruler must have patience, forbearance, tolerance, and understanding. He must be able to bear hardships, difficulties and insults without losing his temper.

Tenth, the ruler should practice non-opposition and non-obstruction, that is to say that he should not oppose the will of the people, and should not obstruct any measures that are good for the welfare of the people. In other words, he should rule in harmony with his people.

There were kings in the past who had established kingdoms based on these ten ideas. One was the mighty but long-forgotten Buddhist Emperor Ashoka of India (304 BCE – 232 BCE).

Lord Buddha says: "Never by hatred is hatred appeased, but it is appeased by kindness. This is an eternal truth." --- What the Buddha Taught by Walpola Sri Rahula

KOREAN COLE SLAW

Shiso (perilla), a member of the mint family, is used in traditional food and medicine in Asian countries. Its leaves are used in treating colds, and its seeds are a rich source of omega-3 alpha-linoleic acid (ALA).

[Modified from a recipe at <http://chefjulieyoon.com/2016/04/korean-cole-slaw/>]

Daikon and Shiso Namasu

2 cups daikon
Sprinkling of salt
1 tbsp. light brown sugar
2 tbsp. rice vinegar
1 tbsp. toasted sesame seeds
3 shiso leaves

1. Peel and halve daikon lengthwise and cut into thin, half-moon slices. Place in a bowl, sprinkle and massage with salt, and set aside to allow water from the daikon to be drawn out.
2. In a bowl, mix together sugar and vinegar. Coarsely grind sesame seeds and stir into the mixture.
3. Squeeze water from daikon slices and fold into the dressing. Chill.
4. Stack shiso leaves, roll lengthwise, and cut into thin shreds. Add to namasu just before serving.



BUSSHIN KAI NEWS:

PAPER TOWELS AND THE LOST CHANCE

I didn't know I was a caregiver --- my Dad came to live with us. Oh, how my heart breaks that I did not let him have his millions of rolls of paper towels!

You see, we don't use paper towels in our home. We use dish towels and hand towels and tea towels but not paper towels.

So when Dad wanted paper towels I would change the subject or forget to buy them. He has been gone now since 2000 and if he were here today I would buy him a case of paper towels.

They made him happy. He could clean and wipe up and who knows what else. But here I was, Miss Environmental, so I made him adapt to my world. Wasn't it bad enough he had to move in with us and give up his friends and freedom on O'ahu (due to his dementia)?

He really missed his paper towels. I would find napkins taken from restaurants in his pockets. Still no clue... I didn't know to go into his world and go with his choices, didn't know how to see with his eyes or hear with his ears. I thought, by taking care of everything, I could keep him safe and happy. I loved him so much and wanted to be a good daughter, but I did not know I was a caregiver.

With compassion and wisdom and Right Action, the daughter (or son) can omit the suffering and anxiety and sorrow that life is filled with.

We are thankful for the members, who without fail, assist Rev. Hata at the altar on major and minor service Sundays. They are Deacon Juho Kirkpatrick, Ellen Yamauchi, Edith Nishino, Fusako Lee and Linda Matsushita. Aloha.

BIG ISLAND TAIKO FESTIVAL UH HILO PERFORMING ARTS CENTER SATURDAY, JUNE 3, & SUNDAY, JUNE 4, 2017

Saturday, June 3 at 7:30 pm / Sunday, June 4 at 2:00 pm

Featuring: Taishoji Taiko, Puna Taiko Club, Hui Okinawa Kobudo Taiko, Kona Daifukuji Taiko & Ryukyukoku Matsuri Daiko Waimea / Kohala

Tickets can be bought on line at <https://hilo.hawaii.edu/depts/theatre/tickets> or at the Box Office at the UH Hilo Performing Arts Center (Auditorium) on Kawili St. Tuesday - Friday 9 am - 1:00 pm.

General - \$15.00
Senior 55+ - \$10.00
Children under 17 - \$7.00
All tickets are General Admission

**BUY YOUR TICKETS AS SOON AS POSSIBLE
PERFORMANCES ARE USUALLY SOLD OUT**

BON DANCE PRACTICE TUESDAY, JULY 18 & 25 7:00 PM - 8:30 PM TAISHOJI SOTO MISSION HALL

Taishoji's Bon Dance will be held on Saturday, July 29th from 7:00 pm to 10:30 pm. Anyone interested to learn Taishoji's dances or if you want to learn to dance Bon Dances, please come and enjoy the exercise and fellowship. Instructor will be Jane Heit and members of her Bon Dace Group.

APRIL 2017 TAISHOJI SCHEDULE

| | | | |
|--------------------|------------|----------------|---|
| 1 | Sat | 7:00 am | Temple Cleaning Group #4 |
| 2 | Sun | 9:00 am | <i>BIBF Hanamatsuri Program (Puna Hongwanji) (S/S)</i> |
| 8 | Sat | 7:00 am | Temple Cleaning Group #5 |
| | | 1:00 pm | Kyodan Meeting |
| 9 | Sun | 9:30 am | <i>Hanamatsuri / Kannon Ko / Toba Kuyo Srv. (Kyodan)</i> |
| | | 1:00 pm | <i>Fujin Kai Meeting Cancelled for April</i> |
| 15 | Sat | 7:00 am | Temple Cleaning Group #1 |
| 16 | Sun | 9:00 am | SS / Family Service |
| 22 | Sat | 7:00 am | Temple Cleaning Group #2 |
| 22 & 23 | | | <i>UHSSWA Conference / Waipahu Taiyoji & Ala Moana Hotel</i> |
| 23 | | 9:00 am | <i>SS / Family Service CANCELLED</i> |
| 29 | Sat | 7:30 am | Temple Cleaning Group #3 |
| 30 | Sun | 9:00 am | SS / Family Service |

WEEKLY SCHEDULE FOR TAISHOJI ZAZEN / TAIKO / BOY SCOUTS

| | | |
|-------------------------------------|---------------------------|--------------------|
| Zazen (Before S/S / Family Service) | Sundays | 8:00 am - 8:35 am |
| Zazen | Mondays | 6:30 pm - 7:30 pm |
| Taiko | Sundays | 11:00 am - 1:00 pm |
| | Tuesday, Thursday, Friday | 5:00 pm - 7:00 pm |
| Boy Scout Troop 95 | Wednesday | 7:15 pm |

TENTATIVE MAY 2017 TAISHOJI SCHEDULE

| | | | |
|----|------------|----------------|--|
| 5 | Fri | 9:30 am | <i>Fujin Kai Hospital Visitation</i> |
| 6 | Sat | 7:00 am | Temple Cleaning Group #4 |
| 7 | Sun | 9:00 am | <i>SS / Family Service / Children's Day</i> |
| | | 1:00 pm | <i>Fujin Kai Meeting</i> |
| 13 | Sat | 7:00 am | Temple cleaning Group #5 |
| | | 1:00 pm | <i>Kyodan Meeting</i> |
| 14 | Sun | 9:00 am | SS / Family Service (Mother's Day) |
| 20 | Sat | 7:00 am | Temple Cleaning Group #1 |
| 21 | Sun | 9:00 am | SS / Family Service |
| 27 | Sat | 7:30 am | Temple Cleaning Group #2 |
| 28 | Sun | 9:00 am | SS / Family Service |

IN MEMORIUM

Our Deepest Sympathy and Condolences to the Family and Relatives of the late:

**Mr. Kyle Ken Onuma
February 12, 1957 - March 8, 2017
Son of Mrs. Tsukiyo Onuma**

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